

How to measure guide

- 2. Chest Place a tape measure loosely under the arms and around the fullest part of the shoes. Measure from the top of the head to the soles of the feet. 1. Body Height - To measure height, it is easiest to do so against a door frame, without
- 3. Waist Place a tape measure around the narrowest point between the bottom of the ribs and the top of the hip bone. Make sure the tape is straight and snug but doesn't
- around the fullest part of the hips. 4. Hips - Follow the same instructions for the waist measurement, but make sure the tape is
- and measure to the ankle. 5. Inside Leg - Pull the tape to very top of the inside leg. Let the tape measure fall down
- 6. Leg Length Place the tape measure on the waist (see image) and let it fall to the floor.

3 Waist 54	2.Chest 57	1.Height 98	GIRLS SIZE 2
56	60	108	4
58	64	120	6
60	68	130	
62	73	140	10
64	77	150	12
66	83	160	14
69	88	165	S
72	90	165	N
75	93	170	
79	97	170	×L
83	100	175	2XL

3.Waist	2.Chest	1.Height	BOYS SIZE
54	57	98	2
56	60	108	4
58	64	120	စ
60	68	130	8
64	72	140	10
67	76	150	12
70	80	160	14
74	85	165	S
77	89	165	3
80	93	170	F
83	97	170	׼
87	102	175	2XL